

Dear Patient,

You will have heard over the weekend about the risk of Coronavirus to very high risk patients. If you have not been contacted by NHS England you are not in this group

With Asthma you are at higher risk than the normal population, however you can lessen this risk by taking your inhalers regularly and following your self-management plan.

You do not need to self-isolate and can work as normal.

You do not need to request rescue packs of steroid or antibiotics.

If your Asthma has not troubled you for many years, but now feel your symptoms reoccurring and feel that you need a new inhaler, you will need a video consultation with either our Asthma Nurse or one of the GPs.

Please telephone or email the practice, or contact 111 or Out of Hours, if your symptoms deteriorate.

Yours sincerely,



Dr Andrew Johnson



Dr Maher Al-Ausi